

Best Future's E-Safety Newsletter

Remote education

Remote learning, also often referred to as distance learning, is simply a method of learning which doesn't facilitate face-to-face contact with the teacher in a physical location.

Top tips for keeping children safe whilst accessing remote learning and online.

- Ensure parental controls are in place on all devices to prevent children accessing inappropriate content
- Have regular conversations with your child about staying safe online and to encourage them to speak to you if they see something worrying
- Report any concerns regarding online safety including bullying to the school for support
- Keep usernames and passwords private
- Set limits on screen time to provide a healthy balance

Letters about Google Classroom have been sent out to all parents/carers. Please return permission slips.

For further information:

<https://reportharmfulcontent.com/>
<https://educateagainsthate.com/>

Snap chat

Snap chat is a photo and video sharing app. Snaps usually appear temporarily before disappearing. However images can be captured via screen shots.

What age is Snap chat for?

Users should be 13+ to use the app.

A useful parent's guide is attached to this issue of the newsletter.

For advice on Snap Chat's privacy settings see:

<https://support.snapchat.com/en-US/a/privacy-settings2>

Welcome to Best Futures' E-Safety newsletter.

The world of online safety is constantly evolving. Best Future's E-safety newsletter will help parents to keep current with changes, helping you to help keep your children safe.

Young people's views on screen time..

88% said screen time had a negative impact on their sleep.

41% said screen time affected their play/fun

Positives about screen time: Gives you knowledge, Its entertaining and enjoyable, Provides you with more opportunities to reach a wider community.

Source: RCPC : tinyurl.com/y28gu385

Own it!

The BBC Own It app is a new, free app designed to support, help and advise children, in the moment, when they use their phones to chat and explore the online world.

The Own It app and keyboard lets children:

- get advice whenever they type
- track their feelings
- win badges as they reflect
- find help when they need it
- taking quizzes to learn more about themselves

The purpose of the app is to support young people with their digital wellbeing. Content is analysed and suggestions are made to the young person, for example if they're going to share personal information the app will intervene and tell the child to 'think safe'.

The app is not a parental monitoring app, this is a app for young people to learn about their smartphone behaviour

For further information:

<https://www.bbc.com/ownit/take-control/own-it-app>

Family activity: Attached to this issue is a family activity sheet on gaming from www.thinkuknow.co.uk

If you have any concerns regarding safeguarding, including online safety you can contact the Designated Safeguarding Leads: Kimberley York and Kara Bradley on the office number 01472 278978